

2020 TIMETABLE

RIBEIRO JIU-JITSU PERTH

0401 585 379 | Info@rjjperth.com

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am					Morning Flow (45min)		Sundays reserved for Private Lessons
7:00am						Fundamentals (60min)	
8:45am						Kinder-Jitsu (30min)	
9:30am		Fundamentals (60min)		Fundamentals (60min)		Lil' Samurai (45min)	
12pm	Fundamentals (60min)		Fundamentals (60min)				
4:30pm				Kinder-Jitsu (30min)			
5:15pm	Beginners (45min)	Lil' Samurai No GI (45min)	Beginners (45min)	Lil' Samurai (45min)	Lil' Samurai (45min)		
6:15pm	Advanced (90min)	Fundamentals (60min)	Intermediate (60min)	Fundamentals (60min)	No Gi (60min)		
7:15pm		Sparring (30min)		Sparring (30min)			

Beginner classes: White/Green Belts // Intermediate classes: Green belts & Up // Advanced Classes: Blue belts & Up
Morning Flow/Fundamentals/No GI: All levels

2020 TIMETABLE

RIBEIRO JIU-JITSU PERTH

0401 585 379 | Info@rjjperth.com